



TRINITY "... to do all the good we can"
UNITED METHODIST CHURCH

LABYRINTH
Meditation after Postlude

“TO DO ALL THE GOOD WE CAN.”

*Our Mission is grow passionate disciples of Jesus Christ
for the transformation of our world*

***Timeless:** Connection with Ancient-Modern expression of worship

***Traditional:** Traditions of Trinity and Methodist Heritage

***Transforming:** Spiritual Education and Spiritual Formation

WELCOME TO TRINITY

WE ARE GLAD YOU ARE HERE.

Whitney Muncy

Trinity United Methodist is distinctively Christian, yet we believe God is larger than our theology and tradition. Our aim is to grow passionate disciples of Jesus for the transformation of our world.

*Whatever your thoughts on church,
whatever your beliefs on God,
you are welcome at Trinity*

CALL TO WORSHIP BELL



CENTERING WORDS

Todd

God is our rock and our salvation, whom shall we fear?

PRELUDE

CALL TO WORSHIP

Todd

For God alone our souls wait in silence.

In God alone do our spirits find peace.

For God alone is our rock and our salvation.

In God alone does our faith remain unshaken.

Pour out your hearts before God.

For God is our refuge and our strength.

Put your trust in God.

God's steadfast love endures forever.

OPENING HYMN

428

FOR THE HEALING OF THE NATIONS

1. For the healing of the nations, Lord, we pray with one accord; for a just and equal sharing of the things that earth affords; to a life of love in action help us rise and pledge our word, (pledge our word) help us rise and pledge our word.
2. Lead us forward into freedom; from despair your world release, that, redeemed from war and hatred, all may come and go in peace. Show us how through care and goodness fear will die and hope increase, (hope increase) fear will die and hope increase.
3. All that kills abundant living, let it from the earth be banned; pride of status, race, or schooling, dogmas that obscure your plan. In our common quest for justice may we hallow life's brief span, (life's brief span) may we hallow life's brief span.
4. You, Creator God, have written your great name on humankind; for our growing in your likeness bring the life of Christ to mind, that by our response and service earth its destiny may find, (may find) earth its destiny may find.

OPENING PRAYER

The Lord be with you,
and also with you

Dr. Todd A. Gile

Let us pray:

Teach us anew, rock of our salvation,
how your kingdom has come near.

As you called Simon and Andrew long ago,
call us to be your disciples this day,

that we might find refuge and strength
as we face the destructive forces of our lives.

Grant us the strength to wait for you in silence,
that we might meet you in the subterranean chambers of our souls.

For in you we rest secure, in you we abide in holy love. Amen.

FIRST LESSON

Jonah 3:1-5

Terri Kendall

The word of the Lord came to Jonah a second time, saying, ‘Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.’ So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days’ walk across. Jonah began to go into the city, going a day’s walk. And he cried out, ‘Forty days more, and Nineveh shall be overthrown!’ And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

Psalter

787

Psalm 62:5-12

I sing your praise for steadfast love; fulfill your purpose for me.\

For God alone my soul waits in silence,
**for my hope is from God,
who alone is my rock and my salvation,
my fortress; I shall not be shaken.**

On God rests my deliverance and my honor;
my mighty rock, my refuge is God.

**Trust in God at all times, O people;
our our your heart before God who is a refuge for us.**

I sing your praise for steadfast love; fulfill your purpose for me.

Those of low estate are but a breath,
those of high estate are a delusion;
in the balances they go up;
they are together lighter than a breath.

**Put no confidence in extortion,
set no vain hopes on robbery;
if riches increase, set not your heart on them.**

Once God has spoken, twice have I heard this: power belongs to God;
and to you, O Lord, belongs steadfast love,

or you repay all according to their work.

I sing your praise for steadfast love; fulfill your purpose for me.

SECOND LESSON

1 Corinthians 7: 29-31

Terri Kendall

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Hymn

437

THIS IS MY SONG

1. This is my song, O God of all the nations, a song of peace for lands afar and mine. This is my home, the country where my heart is; here are my hopes, my dreams, my holy shrine; but other hearts in other lands are beating with hopes and dreams as true and high as mine.
2. My country's skies are bluer than the ocean, and sunlight beams on cloverleaf and pine; but other lands have sunlight too, and clover, and skies are everywhere as blue as mine. O hear my song, thou God of all the nations, a song of peace for their land and for mine.
3. This is my prayer, O Lord of all earth's kingdoms: Thy kingdom come; on earth thy will be done. Let Christ be lifted up till all shall serve him, and hearts united learn to live as one. O hear my prayer, thou God of all the nations; myself I give thee; let thy will be done.

* GOSPEL

Mark 1: 14-20

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, ‘The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.’

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake—for they were fishermen. And Jesus said to them, ‘Follow me and I will make you fish for people.’ And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

MUSICAL OFFERING

* MESSAGE

“Big Whale Story”

Rev. Kaitlin Moore

Pastoral Prayer

TKatw

THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be Thy name;
Thy kingdom come, Thy will be done, on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses;
as we forgive those who trespass against us; and lead us not into
temptation, but deliver us from evil. For thine is the kingdom,
the power and the glory for ever. Amen**

OFFERING

OFFERTORY

Response to the Message

- * **Doxology—Praise God, from whom all blessings flow;
praise Him, all creatures here below;
praise Him above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen.**

BENEDICTION

The Lord bless you and keep you,
The Lord make His face shine upon you and be gracious unto you,
The Lord lift up the light of His countenance upon you
and give you His peace. Amen

POSTLUDE

LABYRINTH

Some of you may have been to a church or a retreat center that had a labyrinth on the grounds. Walking the labyrinth is a way of praying with the body that invites the divine presence into an active conversation with the heart and soul. The labyrinth is a sacred pattern that leads you on a prescribed path to its center and back out again. As we walk along, we are invited to take note of our journey, the twists and turns, as they mirror our personal spiritual walks. We invite you to embark upon this journey of prayerful wandering, but you certainly don't have to wait until you are standing at the opening of an actual life-sized labyrinth. Follow these steps and trace the labyrinth with your finger in order to focus your thoughts and open yourself up to the presence of God.

First Movement: Releasing (Confession)

Place your finger at the opening of the labyrinth. Pray silently prayer of confession. When finished, slowly move your finger forward along the labyrinth. Move at your own pace toward the center. Let the words of the prayer stay with you. Quiet your mind as you move through the labyrinth. Make room for emotions and stirrings that arise. What needs to be changed, forgiven, cleared, confronted, or healed in your life? Offer these situations to God as you move forward.

Second Movement: Receiving (Centering)

When you reach the center, rest your finger there for a moment before you read a scripture reading for the day. When you are ready, read the passage slowly, as if you have never read it before. Center on Gods Word and be open to what God reveals to you through the reading. Return you finger to the center of the labyrinth and reflect on the passage and what it holds for you.

Third Movement: Returning (Intercession)

As you prepare to leave the labyrinth, place your finger at the same opening in the center where you entered. Now lift up your intercessory prayers for the day and when finished, begin to move your finger back along the same path on which you entered. Let the intercessory prayers stay with you, and add to them as you make the turns and move along the pattern back out of the labyrinth. Be mindful of people and circumstances in the world that are in need of your prayers. Hold each one in your heart for a part of the journey outward.

When you have finished...

As you lift your finger from the labyrinths end, offer thanks to God.





TRINITY
UNITED METHODIST CHURCH



Lead Pastor
Community Development Pastor
Office Administrator
Financial Secretary
Music Director
Choir Director
Hospitality
Part time Maintenance

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Rev. Kaitlin Moore
Jean Mason
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