



**TRINITY** "... to do all the good we can"  
UNITED METHODIST CHURCH

LABYRINTH  
Meditation after Postlude

**“TO DO ALL THE GOOD WE CAN.”**

*Our Mission is grow passionate disciples of Jesus Christ  
for the transformation of our world*

**\*Timeless:** Connection with Ancient-Modern expression of worship

**\*Traditional:** Traditions of Trinity and Methodist Heritage

**\*Transforming:** Spiritual Education and Spiritual Formation

# WELCOME TO TRINITY

Whitney Muncy

## **WE ARE GLAD YOU ARE HERE**

Trinity United Methodist is distinctively Christian, yet we believe God is larger than our theology and tradition. Our aim is to grow passionate disciples of Jesus for the transformation of our world.

*Whatever your thoughts on church,  
whatever your beliefs on God,  
you are welcome at Trinity*

# CALL TO WORSHIP BELL



# CENTERING WORDS

**Rev. Kate Moore**

Listen to parables and dark sayings of old.

Ponder the stories of Jesus and God's mighty deeds of power.

# PRELUDE

# CALL TO WORSHIP

Rev. Kate Moore

**We gather to hear the stories of our ancestors.**

Incline your ears to parables and dark sayings of old.

**We come seeking stories of God's wondrous power.**

Tell the coming generations of God's glorious deeds.

**We will not hide them from our children.**

Come to the fount of Living Water.

**We will drink deeply from the waters of life.**

Taste the wellspring of our salvation.

**We gather to worship as people reborn.**

# OPENING HYMN

## *GUIDE ME, O THOU GREAT JEHOVAH*

1. Guide me, O thou great Jehovah, pilgrim through this barren land. I am weak, but thou art mighty; hold me with thy powerful hand. Bread of heaven, bread of heaven, feed me till I want no more; (want no more) feed me till I want no more.
2. Open now the crystal fountain, whence the healing stream doth flow; let the fire and cloudy pillar lead me all my journey through. Strong deliverer, strong deliverer, be thou still my strength and shield; (strength and shield) be thou still my strength and shield.
3. When I tread the verge of Jordan, bid my anxious fears subside; death of death and hell's destruction, land me safe on Canaan's side. Songs of praises, songs of praises, I will ever give to thee; (give to thee) I will ever give to thee.

# OPENING PRAYER

The Lord be with you,  
**and also with you**

Let us pray:

Holy Mystery, the stories of our ancestors  
touch us as dark sayings of old.  
Help us understand the truths in their stories,  
we are avoid seeing in our own.  
Open our eyes to see Your presence  
amidst their hopes and fears.  
Open our hearts to the courage it takes  
To follow Your call.  
Open our minds to perceive hope that  
casts out despair. **Amen.**

# INTRODUCTION

# FIRST LESSON

## First Lesson

*Exodus 17: 1-7*

Pat Ingram

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, 'Is the Lord among us or not?'

# PSALTER

#799

*Psalm 78: 1-4, 12-16*

**R: We shall listen, Lord, to your teaching, and heed the words of your mouth.**

Give ear, O my people, to my teaching:  
incline your ears to the words of my mouth!

**I will open my mouth in a parable;**

**I will utter dark sayings from of old,**

things that we have heard and known,  
that our forebears have told us.

**We will not hide them from their children, but tell to the coming generation  
the glorious deeds of the Lord, the might, and wonders God has wrought.**

**R: We shall listen, Lord, to your teaching, and heed the words of your mouth.**

The Ephraimites, armed with the bow, turned back on the day of battle.

**They did not keep God's covenant, but refused to walk according to God's law.**

They forgot the deeds of the Lord, the miracles that God had shown them.

**The Lord wrought marvels in the sight of their forebears in the land of Egypt,  
in the fields of Zoan,**

the Lord divided the sea and let them pass through it, and made the waters stand like a heap,

**led them with a cloud in the daytime, and all the night with a fiery light,**

cleft rocks in the wilderness, and gave them drink abundantly as from the deep,

**made streams come out of the rock, and caused waters to flow down like rivers.**

**R: We shall listen, Lord, to your teaching, and heed the words of your mouth.**

# SECOND LESSON

## Second Lesson

*Philippians 1:21-30*

Pat Ingram

For to me, living is Christ and dying is gain. If I am to live in the flesh, that means fruitful labour for me; and I do not know which I prefer. I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better; but to remain in the flesh is more necessary for you. Since I am convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith, so that I may share abundantly in your boasting in Christ Jesus when I come to you again.

Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well— since you are having the same struggle that you saw I had and now hear that I still have.

# HYMN

#2025 (TFWS)

*As the Deer*

As the deer pants for the water so my soul longs after you.  
You alone are my hearts desire and I long to worship you.  
You alone are my strength my shield.  
To you alone may my spirit yield.  
You alone are my hearts desire and I long to worship you.

# \* GOSPEL

Matt 21: 23-32

When he entered the temple, the chief priests and the elders of the people came to him as he was teaching, and said, 'By what authority are you doing these things, and who gave you this authority?' Jesus said to them, 'I will also ask you one question; if you tell me the answer, then I will also tell you by what authority I do these things. Did the baptism of John come from heaven, or was it of human origin?' And they argued with one another, 'If we say, "From heaven", he will say to us, "Why then did you not believe him?" But if we say, "Of human origin", we are afraid of the crowd; for all regard John as a prophet.' So they answered Jesus, 'We do not know.' And he said to them, 'Neither will I tell you by what authority I am doing these things.

'What do you think? A man had two sons; he went to the first and said, "Son, go and work in the vineyard today." He answered, "I will not"; but later he changed his mind and went. The father went to the second and said the same; and he answered, "I go, sir"; but he did not go. Which of the two did the will of his father?' They said, 'The first.' Jesus said to them, 'Truly I tell you, the tax-collectors and the prostitutes are going into the kingdom of God ahead of you. For John came to you in the way of righteousness and you did not believe him, but the tax-collectors and the prostitutes believed him; and even after you saw it, you did not change your minds and believe him.

# MUSICAL OFFERING

# \* MESSAGE

Strike the Rock

Rev. Dr. Todd A, Gile

# Pastoral Prayer

## **THE LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses; as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory for ever. Amen

# Offering

Rev. Kaitlin Moore

## The Offering

### Offertory

### Response to the Message

\* **Doxology—Praise God, from whom all blessings flow;  
praise Him, all creatures here below;  
praise Him above, ye heavenly host;  
praise Father, Son, and Holy Ghost. Amen.**

## Offertory Prayer

# BENEDICTION

The Lord bless you and keep you,  
The Lord make His face shine upon you and be gracious unto you,  
The Lord lift up the light of His countenance upon you  
and give you His peace. Amen

# POSTLUDE

# LABYRINTH

Some of you may have been to a church or a retreat center that had a labyrinth on the grounds. Walking the labyrinth is a way of praying with the body that invites the divine presence into an active conversation with the heart and soul. The labyrinth is a sacred pattern that leads you on a prescribed path to its center and back out again. As we walk along, we are invited to take note of our journey, the twists and turns, as they mirror our personal spiritual walks. We invite you to embark upon this journey of prayerful wandering, but you certainly don't have to wait until you are standing at the opening of an actual life-sized labyrinth. Follow these steps and trace the labyrinth with your finger in order to focus your thoughts and open yourself up to the presence of God.

## **First Movement: Releasing (Confession)**

Place your finger at the opening of the labyrinth. Pray silently prayer of confession. When finished, slowly move your finger forward along the labyrinth. Move at your own pace toward the center. Let the words of the prayer stay with you. Quiet your mind as you move through the labyrinth. Make room for emotions and stirrings that arise. What needs to be changed, forgiven, cleared, confronted, or healed in your life? Offer these situations to God as you move forward.

## **Second Movement: Receiving (Centering)**

When you reach the center, rest your finger there for a moment before you read a scripture reading for the day. When you are ready, read the passage slowly, as if you have never read it before. Center on Gods Word and be open to what God reveals to you through the reading. Return you finger to the center of the labyrinth and reflect on the passage and what it holds for you.

### **Third Movement: Returning (Intercession)**

As you prepare to leave the labyrinth, place your finger at the same opening in the center where you entered. Now lift up your intercessory prayers for the day and when finished, begin to move your finger back along the same path on which you entered. Let the intercessory prayers stay with you, and add to them as you make the turns and move along the pattern back out of the labyrinth. Be mindful of people and circumstances in the world that are in need of your prayers. Hold each one in your heart for a part of the journey outward.

#### **When you have finished...**

As you lift your finger from the labyrinths end, offer thanks to God.





**TRINITY**  
UNITED METHODIST CHURCH



Lead Pastor  
Community Development Pastor  
Office Administrator  
Financial Secretary  
Music Director  
Choir Director  
Hospitality  
Part time Maintenance

Rev. Dr. Todd A. Gile  
Rev. Kaitlin Moore Morley  
Jean Mason  
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